

Copenhagen International Brain Congress 22. – 24. February 2020



CIBC program:

Day 1: Saturday, 22 February 2020

The Danish Parliament, Christiansborg, Copenhagen, meeting time security 9.30

- 09.30 - 10.30: Check-in and registration
- 10.30 - 11.30: Host Henrik Dahl (LA), member of Danish Parliament, and Elisabeth Ildal
- 11.30 – 12.15 Alex Kerten, Israel, Headspeaker. Part 1. **Parkinson's Disease versus Wellbeing**
- 12.15 -12.30 Refreshment
- 12.30- 13.30: Alex Kerten, Part 1 continues
- 13.30 - 14.15: Lunch
- 14.15 - 15.15: Alex Kerten, Part 2. **The Brain is the Central Nervous System...C.N.S**
- 15.15 - 15.30: Refreshments
- 15.30 - 16.30: Alex Kerten, Part 2 continues
- 16.30 See you tomorrow

Optional Tour Guiding trip of iconic sights in central Copenhagen, followed by a dinner of traditional Danish foods. It will be a walking tour of about 1.5 hours. Estimated price per person is approximately €100 or \$125 inclusive. Please write to Catherine Schlicht-Bang, authorized culinary guide for further details at: bang@bangtravelmanagement.dk

Day 2: Sunday, 23 February 2020



Wihborgs Konferencecenter, Lautrupvang 8, 2750 Ballerup

“Parkinson’s knows no boundaries..” - People in connection with Parkinson’s and small stalls.!

- 10.00 - 10.15 Elisabeth Ildal, greetings and Cure4Parkinson, introduction.
- 10.15 - 11.00 Professor Morten Meyer, Syd Dansk University, “Use of stem cells for cell replacement and investigation”
- 11.00 - 11.30: Matt Eagles, Parky Cards, Park Life, on his 40-years battle with PD.
- 11.30 - 11.45 Coffee and sign-up for Cure4Parkinson training center trip (optional).
- 11.45 – 12.00 Charlotte Maria, director of PD Kinetics, United Kingdom, on training.
- 12.00 - 12.15 Mirko Lorenz, Tai-Chi instructor, owner and founder of Keep Moving | Taiji-Therapy.
- 12.15 - 12.45 “Keep Moving” Taiji-Therapy workshop with Mirko Lorenz.
- 12.45 - 13.00 Francesca De Bartolomeis, “Fuerte Es la Vida” on psychology, nature, and families.
- 13.00 - 13:15 Andy Butler, caregiver, son and personal trainer.
- 13.15 – 14.00: Lunch
- 14.00 - 14.15: Rikke Jakobsen, CEO, Cannabis Denmark, cannabis oil representative
- 14.15 - 14.45: A Spotlight on “Disorderly Vomen” – Vicki Dillon & Gaynor Edwards, UK
- 14.45 – 15.00: Refreshments.
- 15.00 - 15.15: Bo Hamburger, former top athlete in biking, the positive in biking.
- 15.15 -15.30: Martin Monrad, former top athlete TableTennis player and European Champ.
- 15.30 -16.00: Mette Bloch, Rower, 2 x World Champ. - Winner, how?
- 16.00 - sports, stalls. Announcement of 4 new Ambassadors by Elisabeth & Edith, Vine, networking , free
- 17.00: See you tomorrow.

Optional Dinner arrangement available: Try new Nordic cuisine and enjoy some Danish “hygge”. Please write to Catherine Schlicht-Bang, authorized culinary guide for further details at: bang@bangtravelmanagement.dk Please check out our Facebook and Instagram for local photos of our fine city.



Day 3: Monday, 24 February 2020

Wihlborgs Konferencenter, Lautrupvang 8, 2750 Ballerup

- 10.00 - 11.00: Introductory remarks by Alex Kerten
- 11.00 - 11.30: Roundtable questions and answers, Alex Kerten
- 11.30 - 12.00: Refreshments
- 12.00 - 13.00: More Roundtable with Questions & Answers
- 13.00 - 14.00 Lunch
- 14.00 - 15.00: Alex Kerten, Lectures on physiology of behavior and Parkinson's disease continues
- 14.00 - 15.00: Alex Kerten, Lectures on physiology of behavior and Parkinson's disease continues
- 15.00 - 15.30: Refreshments
- 15.30 - 16.30: Alex Kerten, Summarizes
- 16.30: Elisabeth Ildal, C4P – I did it my way! "Goodbye Parkinson's, Hello life" safe travels

Food requirements/allergies please contact is Susanne Henckel, mobil +45 2920 3246

All days there will be served: **Morning:** refreshments, **Lunch:** sandwiches, soft drinks, water, **Afternoon:** refreshments

Hotel Accommodations: We recommend staying in central Copenhagen. Bang Travel Management has arranged very competitive pricing including a large breakfast buffet, free WiFi. We will try to organize transportation between the two sites. Ballerup is about 20 kilometers (13 miles) from the airport and 15–18 kilometers (9–11 miles) from Copenhagen city center.

1. **Medication, keep it on you** at all times. Bring enough for the whole trip.
2. **Taxi: + 45 48484848** special transportation needs? please advise in advance

Contact persons:

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