

## Copenhagen International Brain Congress 22. – 24. February 2020



### Saturday

Kindly be at the main entrance to The Parliament Christiansborg, at 9:00. We have to go through security check. Entrance for security is at the right side for the big entrance. Need help call Philip or Jesper, phoneno. Look down.

#### Day 1: Saturday, 22 February 2020

The Danish Parliament, Christiansborg, Copenhagen

Moderator: Elisabeth Ildal

09.00 - 10.00: Check-in and registration

10.00 - 10.15: Host Henrik Dahl (LA), member of Danish Parliament, and Elisabeth Ildal

10.15 - 11.00: Professor Deniz Kirik, Lunds University, Sweden

11.00 - 11.45: Alex Kerten, Israel, Head speaker. Part 1. **Parkinson's Disease versus Wellbeing**

11.45 - 12.00: Refreshments

12.00 - 13.00: Alex Kerten, Part 1 continues

13.00 - 14.00: Lunch

14.00 - 15.00: Alex Kerten, Part 2. **The Brain is the Central Nervous System...C.N.S**

15.00 - 13.30: Refreshments

15.30 - 16.30: Alex Kerten, Part 2 continues

16.30 See you tomorrow

**Optional Tour Guiding trip** of iconic sights in central Copenhagen, followed by a dinner of traditional Danish foods. It will be a walking tour of about 1.5 hours. Estimated price per person is approximately €100 or \$125 inclusive. Please write to Catherine Schlicht-Bang, authorized culinary guide for further details at: [bang@bangtravelmanagement.dk](mailto:bang@bangtravelmanagement.dk)

#### Day 2: Sunday, 23 February 2020

Wihlborgs Konferencencenter, Lautrupvang 8, 2750 Ballerup

People in connection with Parkinson's and small boats!

Moderator: Mette Bloch

09.30 - 10.15 Elisabeth Ildal, & Jens Greve, greetings and Cure4Parkinson, and the Brain.

10.15 - 11.00 Professor Morten Meyer, Syd Dansk University, "Use of stem cells for cell replacement investigatio"



- 11.00 - 11.30: Matt Eagles, Parky Cards, Park Life, his 40-years battle with PD.  
11.30 - 11.45 Coffee and sign-up for Cure4Parkinson training center trip (optional).  
11.45 - 12.00 Charlotte Maria, director of PD Kinetics, United Kingdom, on training.  
12.00 - 12.15 Mirko Lorenz, Taiichi instructor, owner and founder of Keep Moving | Taiji-Therapy.  
12.15 - 12.45 "Keep Moving" Taiji-Therapy workshop with Mirko Lorenz.  
12.45 - 13.00 Francesca De Bartolomeis, "Fuerte Es la Vida" on psychology, nature, and families  
13.00 - 13:15 Andy Butler, caregiver, son and personal trainer.  
13.15 - 14.00: Lunch  
14.00 - 14.15: Rikke Jakobsen, CEO, Cannabis Denmark, cannabis oil representative  
14.15 - 14.45: A spotlight on Disorderly Women – Vicki Dillon & Gaynor Edwards, UK  
14.45 - 14.55 Nykredit Fond. Donation from Nykredit Fond to Cure4Parkinson.  
14.55 - 15.05: Refreshments.  
15.05 - 15.20: Bo Hamburger, former top athlete in biking, the Positive in biking.  
15.20 - 15.30: Martin Monrad, former top athlete Table Tennis player and European Champ.  
15.30 - 16.00: Mette Bloch, Rower, top athlete, and 2 x World Champ. Become a Winner, how?  
16.00 - Announcements of 5 new Ambassador by Elisabeth & Edith. Vine, chips, networking, Free sports, boots, paintings etc.

**Optional Dinner arrangement available:** Try new Nordic cuisine and enjoy some Danish "hygge". Please write to Catherine Schlicht-Bang, authorized culinary guide for further details at: [bang@bangtravelmanagement.dk](mailto:bang@bangtravelmanagement.dk) Please check out our Facebook and Instagram for local photos of our fine city.

### **Day 3: Monday, 24 February 2020**

**Wihlborgs Konferencenter, Lautrupvang 8, 2750 Ballerup**

**Moderator: Elisabeth Ildal**

- 10.00 - 11.00: Introductory remarks by Alex Kerten  
11.00 - 11.30: Roundtable questions and answers, Alex Kerten  
11.30 - 12.00: Refreshments



12.00 - 13.00: More Roundtable with Questions & Answers  
13.00 - 14.00 Lunch  
14.00 - 15.00: Alex Kerten, Lectures on physiology of behavior and Parkinson's disease continues  
14.00 - 15.00: Alex Kerten, Lectures on physiology of behavior and Parkinson's disease continues  
15.00 - 15.30: Refreshments  
15.30 - 16.30: Alex Kerten, Summarizes  
16.30: Elisabeth Ildal, Cure4Parkinson.com finishes up. "Goodbye Parkinson's, Hello life"

**Food requirements/allergies** please contact is Susanne Henckel, mobil +45 2920 3246

All days there will be served:

**Morning:** refreshments, **Lunch:** sandwiches, soft drinks, water, **Afternoon:** refreshments

**Hotel Accommodations:** We recommend staying in central Copenhagen. Bang Travel Management has arranged very competitive pricing including a large breakfast buffet, free WiFi. We will try to organize transportation between the two sites. Ballerup is about 20 kilometers (13 miles) from the airport and 15–18 kilometers (9–11 miles) from Copenhagen city center.

**Medication, keep it on you** at all times. Danish hospitals and doctors can't administrate PD medication based on foreign doctor prescriptions. Bring enough for the whole trip.

**Taxi:** + 45 48484848 special transportation needs? please advise in advance

**Contact persons:**

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[www.cure4parkinson.com](http://www.cure4parkinson.com)

**Buy tickets today here, close Monday 18. Feb. 11 p.m.**

Transfer Euro 200 or DKK 1.500 to

**Danske Bank**

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Hotels: [bang@travelmanagement.dk](mailto:bang@travelmanagement.dk)

Questions: [AlexKertenCopenhagen@Yahoo.com](mailto:AlexKertenCopenhagen@Yahoo.com)

Info: [www.cure4parkinson.com](http://www.cure4parkinson.com)

**All the best of the best**

**Cure4Parkinson**

**Goodbye Parkinson's - Hello Life**

**Save 3 days for Copenhagen!**

[www.cure4parkinson.com](http://www.cure4parkinson.com)